

# Physiology and pharmacology of Temperature Regulation

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## NON-INVASIVE MONITORING OF BODY INTERNAL TEMPERATURE USING A PASSIVE MICROWAVE RADIOMETER Sergey G. Vesnin<sup>1</sup>, Alexander M. Gorbach<sup>2</sup> <sup>1</sup>Moscow State Institute of Radio, Electronics and Automatics, Russia



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The rationale is the sensitivity of passive microwave radiometry to the natural electromagnetic radiation of living tissue. The intensity of radiation received is proportional to the radiometric temperature ( $T_{rad}$ ), defined as a weighted mean of tissue volume temperature. A 1.15GHz antenna and an 8-12µ infrared (IR) detector (RESLtd, Russia) were placed in contact with areas of the right arm. Using a 4 s acquisition time, the estimated accuracy for internal  $T_{rad}$  in 25cm<sup>3</sup> of tissue was 0.15°C. In 10 experiments with hands (30-34 mm thick), infrared and radiometric temperatures of the palm were monitored for 6 min at room temperature. The measurements were repeated for 5 min, while a 17°C cold patch (ThermoTek, USA) was applied to the dorsum of the hand. The measurements were repeated again with the patch at 40°C, and one final time with a 17°C cold patch. Only the microwave sensor placed at the palm followed the same curve as the temperature of the dorsally-placed temperature patch.

In five experiments with the upper arm (95-120 mm thick), both IR and  $T_{rad}$  were monitored for 3 min to establish a baseline, and then during recovery following 2 min of moderate exercise (pushups). After an hour break, the exercises were repeated, followed immediately by 15min of cooling of the ipsilateral palm in the presence of a mild vacuum at 17°C (AVAcore Technologies, USA) and temperature measurements, as before. After the completion of exercise-evoked heating, the rate of  $T_{rad}$  decrease at the triceps was 0.012°C/min. With the addition of palm cooling, the rate of temperature decrease during recovery was 0.06°C/min.

GOAL: to evaluate the specificity of microwave radiometry to deep temperature changes in assessment of human body temperature heterogeneity.

# THEORY

#### I. PASSIVE MICROWAVE RADIOMETRY

$$P_{\text{microwave}} = kT_{rad}\Delta f$$

where:  $k = 1.38 \times 10^{-2.5} \frac{J}{K}$   $\Delta f$  – -frequencyrange

$$T_{rad} = \iiint T(x, y, z) * W(x, y, z) dV$$

where: T(x,y,z) - - thermodynamic (real) temperature x, y, z - - current coordinates W(x,y,z) - - antenna receiving pattern

$$W(x, y, z) = \frac{\sigma \left| \overline{E}(x, y, z) \right|^2}{\iiint \sigma \left| \overline{E}(x, y, z) \right|^2 dV}$$

where:  $\sigma$  -- tissue conductivity

 $\overline{E}(x, y, z)$ --vector of the electric field in tissue (according to antenna reciprocit y theorem)

### **II. RADIOMETRIC TEMPERATURE FOR LAYER STRUCTURE**



$$T_{rad} = \sum_{i=1}^{N} T_i * C_i$$
$$\sigma_i \iiint_{V_i} \left| \overline{E}(x, y, z) \right|^2 dV$$
$$U$$

$$U = \sum_{i=1}^{N} \sigma_{i} \iiint_{V_{i}} \left| \overline{E}(x, y, z) \right|^{2} dV$$

where: *Ci* -- weighting coefficients for layer structure

D(z) -- integration weighting function for layer structure

$$D(z) = \sum_{i=1}^{N^{z}} C_{i}$$
$$z = \sum_{i=1}^{N^{z}} h_{i}$$

# METHOD



# Microwave detector

**IR** detector

F=3.8GHz; D=38mm; H=45mm

F=1.15Ghz; D=44mm; H=67mm

F=1.15Ghz; D=38mm; H=7.0mm







.0

-40

Fa

Ski

20







0

-20











F=1.15 GHz F=3.8 GHz Skin Fat Muscle Skin Fat Muscle 55.4 5.5 46 55.4 5.16 46 1.08 0.055 2.55 2.76 0.31 5.48



A. Barrett & P. Myers, Science, 1975



Cold/heat thermo patch (*ThermoTek, Inc.*) 7 x 4 in.



Palm cooler is designed (*AVAcore Technologies Inc.*) to enhance heat extraction through the palms by amplifying local blood flow using slight vacuum under controlled temperature settings

#### STUDY DESIGN I

#### cooling/heating patch





IR







## STUDY DESIGN II





### CONCLUSION

Only the microwave antenna was sensitive to body temperature changes due to application of a distant heating/cooling patch or exercise.